

# CREATE a SIDE PANEL



Design a side panel that promotes health or sustainability.

Winner's design could be printed on actual cartons.

Your design should be bold yet simple with no fine lines. Submit your design to your school's Food Service Director for a chance to be featured!

## MAKE a MEME

about this situation that makes your classmates laugh!



## MILK QUIZ

1. Some cows wear pedometers, which can track?

- a. How many steps a cow takes
- b. The cow's overall health
- c. How much milk the cow gives
- d. All of the above

2. How many American households purchase ice cream from a retailer at least once per year?

- a. 33.5%
- b. 67.5%
- c. 82.5%
- d. 97.5%

3. On average, how many times do farmers recycle water on the farm?

- a. Zero Times
- b. Two Times
- c. Three Times
- d. Four Times

4. How far does milk travel from the farm to the store?

- a. 100 miles
- b. 210 miles
- c. 300 miles
- d. 420 miles



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Return your sheet to the Food Service Director for the answers!

**HilandDairy.com/SchoolMilk 9-12**